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Report on "Impact of COVID-19 on mental health and recovery from mental stress of our SC-ST-OBC-Minority students, 3rd week of January, 2021"

After discussion with the students, we came to know that the COVID-19 pandemic situation had a major impact on their mental health resulting stress, anxiety, fear and sadness and loneliness. They couldn't come out of the pandemic situation. They were worried about their career. We assured them that this pandemic situation cannot last forever. They were requested to be optimistic and assured them to be vaccinated once it is available for them. In future, vaccination programme will be held at our college campus in collaboration with NSS team of our college. It was suggested that they might participate in online programme on recovery from mental stress due to COVID-19 situation.



Dr. Sk Md. Yasin

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Convener,
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